

RULE of LIFE

Abide

What are the core spiritual practices that help you stay connected to Jesus?

What do you want your quiet time with God to look like?

Heart

What will you do to keep in touch with your inner self?

What is a practice that will help you create a clean heart before God?

Mind

What is your plan for being consistently filled with God's Word?

Are there any sources of destructive thought patterns that need to be cut out of your life?

Body

What activities will help you steward and glorify God in your body?

Are there any limits you need to put in place for what goes into your body?

Relationships

What activities will help you cultivate community around you?

Which relationship needs attention right now?

Rest

When will you practice a weekly Sabbath?

What activities will you not do when you are resting with God?

Work

What will you do to serve the body of Christ?

How can you serve Jesus in whatever you do for work?

Gospel

Who are the lost people that you will commit to praying for consistently?

How do you plan on building relationships and initiating conversations with people about faith?
