

Discussion Questions

Heart

Feb 14, 2021

Text: Luke 6:43-45

Have you noticed any “bad apples” (thoughts, words, actions) in your life lately?

Where is that bad fruit coming from?

How’s your heart? What words would you use to describe your inner self?

Out of the 5 heart problems (ignorance, guilt, anger, materialism, worry), which one is the most pressing for you?

What activities would help you have a healthy heart?

What practices would you like to add in, cut out, or change?