

Discussion Questions

Mind

Feb 21, 2021

Text: 2 Corinthians 10:3-6

What kind of things do you struggle with in your thoughts?

Which cognitive distortion do you recognize in your life?

Where do your mental strongholds come from (yourself, others, the enemy, social media, etc.)?

What is a truth from Scripture that specifically combats a lie in your life?

What is your plan for staying consistently filled with Scripture?

What activities would help you have a renewed mind?

What practices would you like to add in, cut out, or change?